



C A W I

**The Canadian Advisory of Women Immigrants
List of Media and/or Public Engagements**

CAWI Media Engagements:

CAWI's Instagram:

<https://www.instagram.com/cawi.ca/>

- Includes Instagram live discussions on experiences of women immigrants.
- Includes resources, petitions, educational posts, member spotlights, and our projects.
- Followers: 616, usual reach: 1000

CAWI's Website:

<https://www.cawicanada.com/>

- Includes details of some of our programs, stories, member spotlights, resources, applications

Links to Interviews and Podcasts:

Podcast Interview with Micheal:

CBC Interview+Article:

<https://www.cbc.ca/news/canada/saskatchewan/non-profit-launched-to-help-immigrant-women-find-sisterhood-employment-1.5660307>

McGill Tribune Interview:

<http://www.mcgilltribune.com/student-life/spotlight-on-the-canadian-advisory-for-immigrant-women-09-09-2020/>

Articles:

Perspectives McGill Article by Hani Rukh E Qamar, CAWI's Director

<http://www.perspectivesmcgill.com/opinion/2020/9/8/the-impact-of-covid-19-on-women-immigrants>

CAWI In the Tribune Print:

https://issuu.com/mcgill_tribune/docs/mcgilltribunevol40issue1__1



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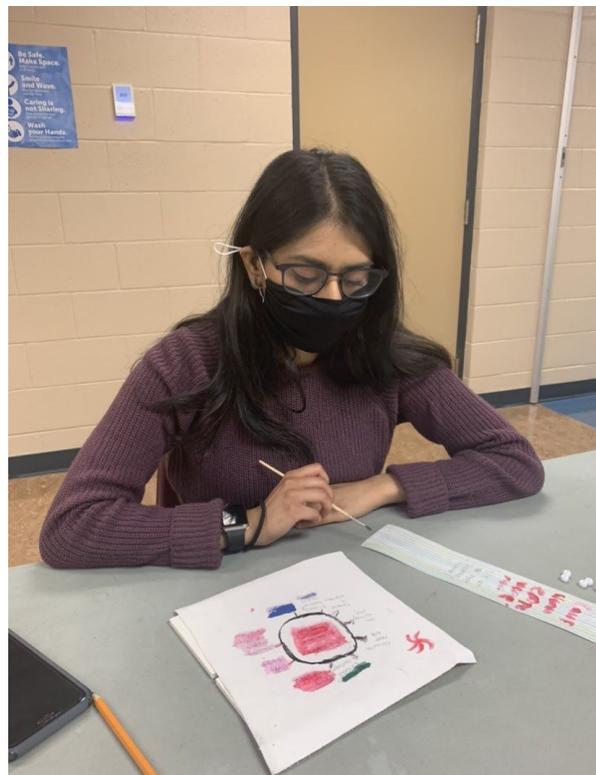
Our Projects/Impact:

Sisterhood Project

The CAWI Sisterhood Project is dedicated to promoting a sense of community between women immigrants. The project will involve activity nights, café dates, board game nights, reading nights etc. The goal of the project is to get as many women immigrants as we can and promote the importance of maintaining relationships with other women of diverse ethnicities.

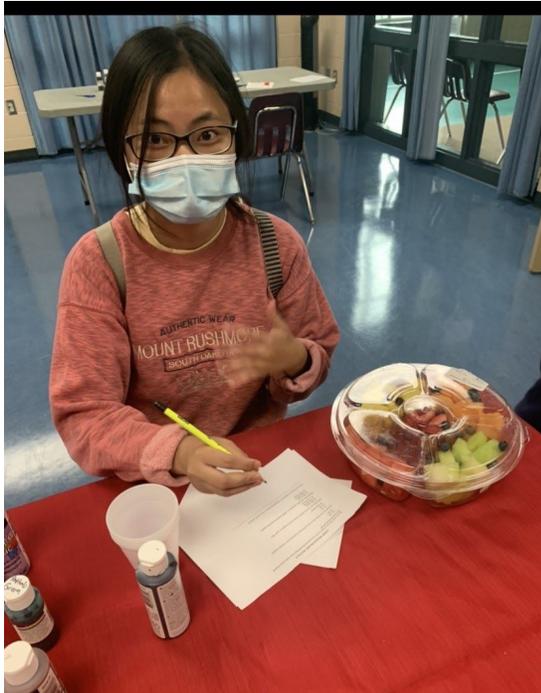
A project to connect women immigrants to each other during COVID-19 to build social networks. This was achieved through online interactions on Instagram as well as in-person arts and crafts activities in Regina, SK, where COVID-19 cases were low.

CAWI Arts and Crafts Event sponsored by Regina Arts Supply:





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- A mother and daughter who joined the Sisterhood Project Together!



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CAWI Language Classes:

CAWI offers free-online tutoring for English and French for women immigrants across Canada. One of our longest standing clients is Arifa Pervais, who is a newcomer in Canada, and struggles with Language barriers.

Some of our tutors who are using ZOOM to deliver these classes:

Amelia Quinney (McGill University) and Manahil Fatima (University of Regina).

CAWI Pairing Program:

The CAWI Mentorship Program is created to pair women immigrants with other women immigrants who have lived in Canada for at least 5 years of their life. This program works to establish long-lasting relationships between the women in the immigrant community and help them integrate efficiently. This can be done through board game nights, online conversations, coffee shop dates, and even learning English together.

Some of our mentors:

Prachi Patel: a medical doctor from India with an MSc. in global surgery from McGill University. She is passionate about global health, global surgery and health equity. She has been working as a researcher with the Centre for Global Surgery and also works as an advocacy and research member with One Surgery. She wishes to capitalize on her experience and use passion in promoting access to safe and adequate surgical care globally and especially countries in need.

- She was paired with an immigrant woman student in Regina, SK, who wishes to pursue medicine.

Mehreen Diwan: She has an educational background in Psychology/Neuroscience, Marketing, and Management from Concordia University, McGill University, and the Imperial College of London. She also has extensive work experience in Marketing, Consulting, Public Relations, and Business Development at various agencies and corporations, including ALDO Group and Holition, a creative which specialises in top luxury brands (e.g. Hermes, Burberry, Louis Vuitton). In her free time, she likes to travel and exercise her creative abilities in fashion and dance. Being an advocate for women's empowerment, Mehreen is a member of Women@Dior, in addition to a former dance instructor for girls for the Batshaw Foundation. She now looks forward to exercising her mentorship abilities at CAWI.

- She was paired with an immigrant woman who wishes to pursue Psychology.



C A W I

Partnership With UBC

- Partnered with UBC's Faculty of Creative and Critical Studies for a curriculum placement for two of their students through an e-learning program.
- Professor in charge: Alwyn Spies.

Research Project

- Met with Jennifer Gordon, Research chair in Women's Mental Health to do a research project on the Impact of COVID-19 on women immigrants (currently taking place) to better implement CAWI's programs and fill the gaps that the government system is not currently filling. This is a partnership with the University of Regina and funded by them as well.

BLM Movement:

- Sold custom made paintings with BLM theme to raise money for a legal clinic that provides free services to Black residents in Ontario. We raised \$600 for this NPO.

Other Partnerships:

- Partnerships and meetings with clinic professionals across Canada to provide efficient services for women immigrants. These can be found under "resources" on our website.
- Meetings with Post-Doctoral Fellows at McGill to improve the quality of CAWI's programs.

Future Campaigns

In 2021, we will be hosting awards for women immigrants advancing gender equality across Canada. Overall goal: Encourage Global Citizenship in Gender Equality.

We are also starting the CAWI Sexual Health Campaign, which will be an online series of seminars and workshops for those wanting to learn more about SHE through an immigrant lens. This series is mainly what we need funding for. Overall goal: Implement better educational programs for Sexual Health Education across Canada with the help of policy-makers, teachers and stakeholders.



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We are also hoping to get funding to start our own podcast that tells the stories of student immigrant women across Canada, especially McGill's students. Overall goal: make the voices of women immigrants heard.